

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Walk-A-Thon Week Alternate: Ham & Cheese On Bun	1 Bosco Stick Marinara Sauce Nacho Cheese Doritos Buttered Peas & Carrots Diced Pears Egg Patty & Toast	2 GO TEAM!!! Breaded Chicken Patty w/Bun French Fries Green Peppers/Ranch Cinnamon Applesauce French Toast Goldfish & Yogurt	3 Bruins Breakfast Buzz French Toast Maple Syrup Sausage Links Carrots & Ranch Orange Wedges Chocolate Chip Fiber Bar	4 Chicken Drumettes Cheddar Sun Chips Romaine Lettuce w/dressing Pineapple Tidbits Trix Bar	5 WALK-A-THON Ham or Turkey Sack Lunch Welch's Fruit Snacks Carrots Assorted Chips French Toast w/Syrup	6 Breakfast 8:00-8:30 Entrée and/or Toast ½ cup fruit ½ cup 100% juice ½ cup yogurt 8 oz milk
7 Alternate: Turkey & Cheese on Bun	8 NO SCHOOL	9 NO SCHOOL	10 Breaded Chicken Drumstick Tator Tots Celery Sticks & Ranch Blueberries Assorted Cereal	11 SERVE LOCAL FOOD DAY Hot Ham & Cheese w/ Bun Sour Cream & Onion Chips Tomatoes & Peppers w/Ranch Wilson's Apples w/Carmel Trix Bar	12 Big Daddy's Pepperoni Pizza Cookie Bites Peppers & Tomatoes w/Ranch Strawberries Assorted Cereal	13 Lunch Times 11:00 1st/2nd grades 11:20 Kindergarten 11:45 Childcare & Enrichment 12:00 3rd grade 12:35 4th/5th grades
14 Alternate: Ham & Cheese On Bun	15 Breaded Chicken Patty w/Bun Curly Fries Baked Beans Cinnamon Applesauce Cinnamon Sugar Donut	16 Hamburger w/Bun Pickles Tator Tots Cucumbers/Carrots/Ranch Pineapple Tidbits Egg Patty & Toast	17 Chicken Drumettes Cheez-it Crackers Hummus Dip Fruit Cocktail Breakfast Pizza	18 French Toast Maple Syrup Crispy Bacon Carrots & Ranch Mandarin Oranges Egg Omelet & Toast	19 Popcorn Chicken Green Bean Casserole Crunchy Cheetos Strawberries French Toast Goldfish & Yogurt	20 3rd/4th/5th Salad Bar 2 Cups Lettuce/Romaine +protein +grain +veggies +fruits +1/2 sandwich
21 AMERICA READS WEEK Alternate: Turkey & Cheese on Bun	22 Cheddar Mac & Cheese Ms. Frizzles Little Smokies Celery/Broccoli/Ranch Sunflower Seeds/Dried Cherries/Choc.Chips Egg Patty & Toast	23 Sloppy Joe w/Bun Pickles Tator Tots Buttered Peas Cat in the Hat Peaches Breakfast Pizza	24 Beatrice Bosco Stick Marinara Sauce Lemon Poppy Seed Bread Celery/Broccoli/Ranch Strawberries Cinnamon Sugar Do- nut	25 Harry Potter French Toast Maple Syrup Sausage Links Voldemort Oranges Hermoine Carrots/Ranch French Toast Goldfish & Yogurt	26 NO SCHOOL	27 Meal Prices Breakfast \$1.75 Lunch \$2.85 Adults \$3.65 Extra Milk \$0.50
28 Alternate: Ham & Cheese On Bun	29 Bosco Stick Marinara Sauce Nacho Cheese Doritos Green Peas Strawberries Egg Patty & Toast	30 Breaded Chicken Patty w/Bun Tator Tots Green Peppers/Ranch Cinnamon Applesauce French Toast Goldfish & Yogurt	31 HAPPY HALLOWEEN Chicken Drumettes Smiley Fries Carrots & Ranch Pineapple Tidbits Dirt Dessert Chocolate Chip Fiber Bar	WG-whole grain All breads, buns, rolls, crackers, cereals, bars, cookies, croutons and breadings are whole grain...as required by the National School Lunch Program	*NUT FREE ZONE	