




October 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 Alternate: Turkey & Cheese Wrap	2 NO SCHOOL	3 WG Popcorn Chicken Curly Fries Smiley Apple Delight Red Grapes <i>Granola & Yogurt</i>	4 WG Corn Dogs Frito's Corn Chips Tomatoes/ Green Peppers/Ranch Diced Peaches <i>Bacon Egg WG wrap</i>	5 WG French Toast/Syrup Sausage Links Carrots/Broccoli/Ranch Applesauce <i>Egg Patty/WG Toast</i>	6 SACK LUNCH Ham or Turkey Sandwich Welch's Fruit Snack Carrots Assorted Chips WG French Toast w/ Chocolate Chips	7 <u>Lunch Prices:</u> 1 day= \$2.85 5 days= \$14.25 20 days=\$57.00 Adult= \$3.55 Breakfast=\$1.60	
8 <i>National School Lunch Week(9-13th)</i> Alternate: Sunbutter & Jelly/WG bun	9 WG Chicken Patty Crunchy Cheetos Broccoli/Carrots/Ranch Dried Fruit & Choc Chips WG Chocolate Teddy Grahams <i>Egg Omelet/WG Toast</i>	10 Bruins Cheeseburger or Hamburger w/WG bun French Fries Bush's Baked Beans Diced Apricots WG Animal Cookies WG Cinnamon Sugar Donut	11 Ham/Turkey/Cheese/ Lettuce WG Wrap WG Baked Lays Carrots/Broccoli/Ranch Peaches WG Brownies Egg Patty/WG Toast	12 WG Pancakes/Syrup Sausage Links Tater Tots Orange Wedges Assorted Juice WG warm Bagel/Cream Cheese	13 WG Bosco Stick WG Doritos Cucumbers/Carrots/ Broccoli/Ranch Strawberries WG Brown Sugar & Cinnamon Bar WG Assorted Cereal	14 <u>LUNCH TIMES</u> Childcare/ 11:45-12:15 Enrichment/Preschool Kindergarten 11:20-11:50 1st/2nd grades 12:10-12:40 3rd grade 12:30-1:00 4th/5th grades 12:45-1:10	
15 Alternate: Turkey & Cheese Wrap	16 WG Chicken Nuggets WG Baked Lays Lettuce w/Ranch Cinnamon Applesauce <i>Bacon Egg Wrap</i>	17 McBruin Rib Patty w/BBQ sauce on the side WG Bun Smiley Fries Vegetarian Baked Beans Tropical Fruit <i>WG ChocChip Fiber Bar</i>	18 WG Shrimp Poppers Tater Tots Buttered Green Peas Dried Fruit & Choc Chips <i>WG French Toast w/ Chocolate Chips</i>	19 WG French Toast/Syrup Sausage Links Carrots & Ranch Mandarin Oranges <i>Egg Omelet/WG Toast</i>	20 Roast Turkey Mashed Potatoes Buttered Corn Roll & Butter Pumpkin Bar WG Cinnamon Sugar Donut	21 Breakfast is served 8:15-8:45 <u>INCLUDES:</u> Entree and/or toast 1/2 cup fruit 1/2 cup 100% juice 1/2 cup yogurt 8 oz. milk	
22 Alternate: Sunbutter & Jelly/WG bun	23 WG Popcorn Chicken Curly Fries Smiley Apple Delight Red Grapes <i>Granola & Yogurt</i>	24 Meatballs w/Gravy Mashed Potatoes Buttered Corn WG Roll & Butter Sliced Pears <i>WG ChocChip Fiber Bar</i>	25 WG Corn Dog Frito's Corn Chips Bush's Baked Beans Diced Apricots <i>Bacon Egg Wrap</i>	26 WG French Toast/Syrup Sausage Links Carrots/Broccoli/Ranch Applesauce <i>Egg Patty/WG Toast</i>	27 Chicken Egg Roll Sweet & Sour Sauce Brown Rice Grilled Peppers & Onions Strawberries ChocChip Birthday Cookie WG Assorted Cereal	28 WG=whole grain	
29 Alternate: Turkey & Cheese Wrap	30 NO SCHOOL	31 Bruins Cheeseburger or Hamburger w/WG bun French Fries Carrots/Broccoli/Ranch Dried Fruit & Choc Chips WG Cinnamon Sugar Donut	 <p>Happy Halloween</p>				